

ATI-Mirage presents

HYBRID WORKPLACE OF THE FUTURE SUMMIT 2021

18 AUGUST 2021



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Emotional Agility in Leadership Capability

Presented by PHIL HABERLAND

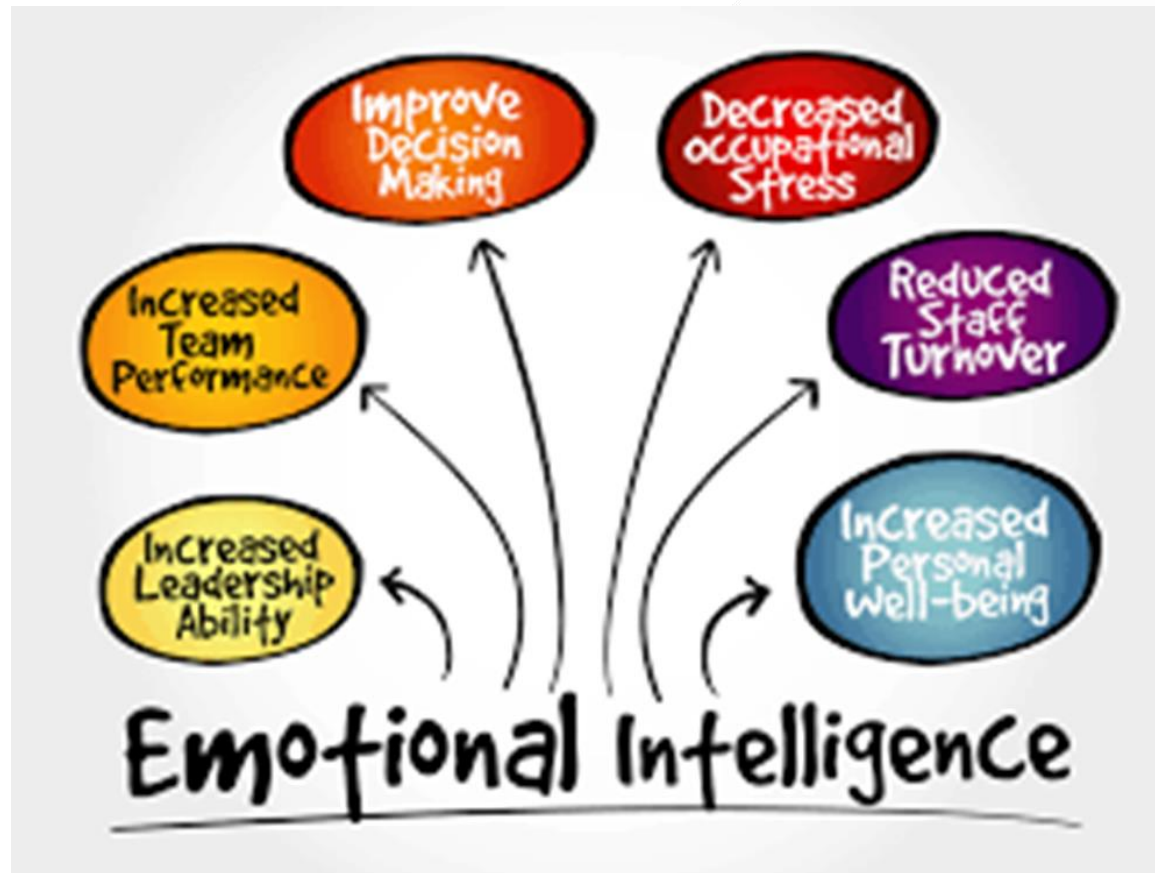
This session

- Social and emotional intelligence skills and competencies for emotional wellbeing and agility.

EI - EA?

- Emotional Intelligence – or EQ – means that someone is aware of, and in control of, their emotions and how their behaviour might impact on others. ...
- Emotional Agility refers more to someone being in tune with those emotions – and is more mindful than EQ.

Leadership benefits



Feelings, thoughts, actions



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Low EI - Impact on team



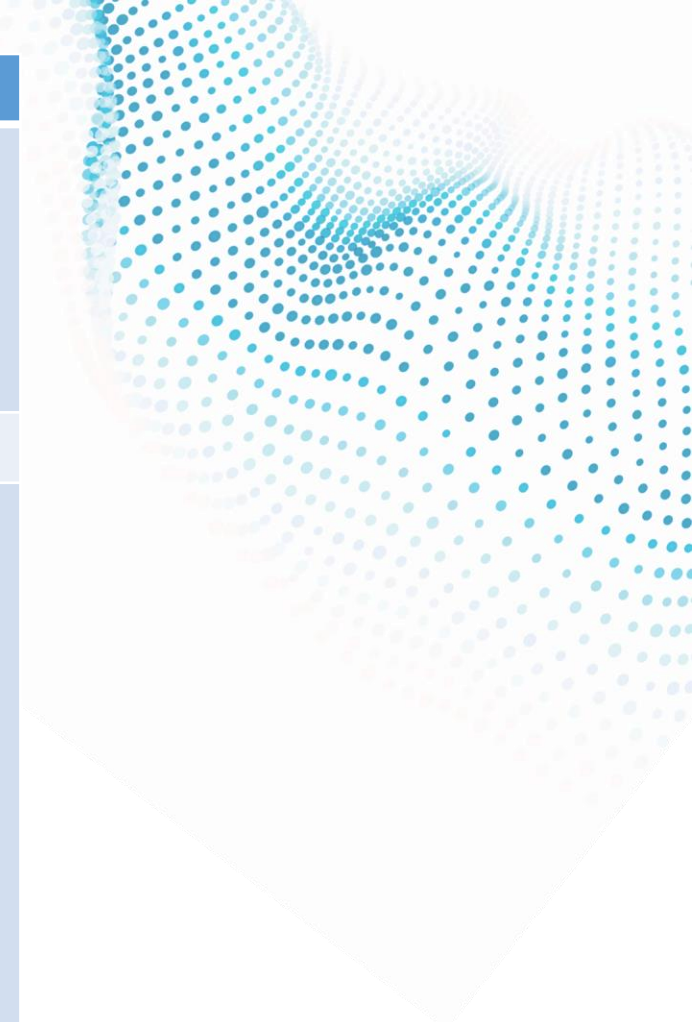
Neuroplasticity



Social + Emotional Intelligence

- Social + Emotional Intelligence Profile is a strengths-based tool
- 26 competencies that impact leadership capability (no matter if a titled leader or self-leader)
- Individuals, 360's or whole team

Self Awareness	Social Awareness
<ul style="list-style-type: none"> • Emotional Self Awareness • Accurate Self Assessment • Personal Power 	<ul style="list-style-type: none"> • Empathy • Situational/Organisational Awareness • Service Orientation/Customer service
Self Management	Relationship Management
<ul style="list-style-type: none"> • Behavioural self-control • Integrity • Innovation and Creativity • Initiative and Bias for Action • Achievement drive • Realistic Optimism • Resilience • Stress Management • Personal Agility • Intentionality 	<ul style="list-style-type: none"> • Communication • Interpersonal Effectiveness • Powerful Influencing Skills • Conflict Management • Inspirational Leadership • Catalysing Change • Building Bonds • Teamwork & Collaboration • Coaching and mentoring others • Building Trust



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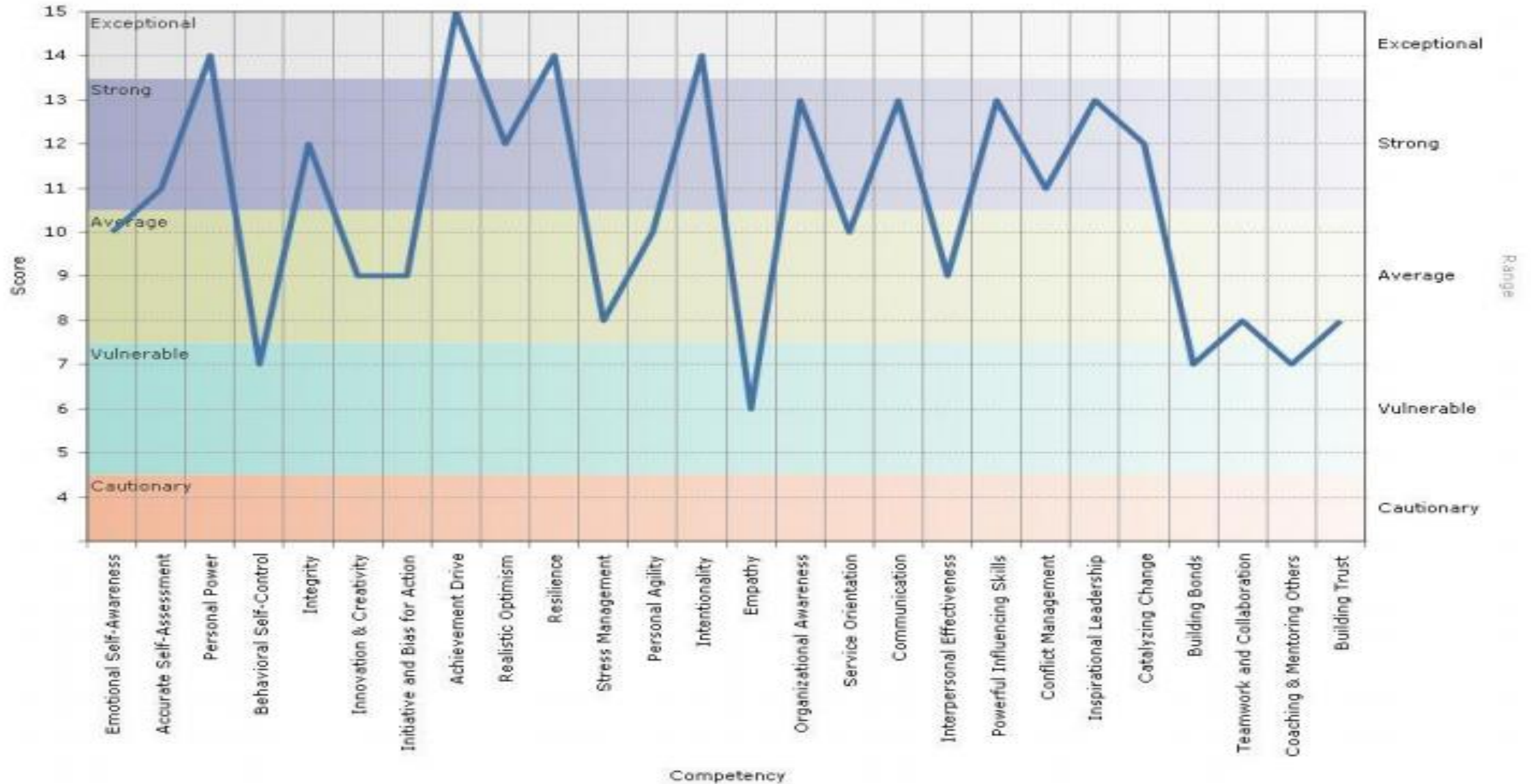


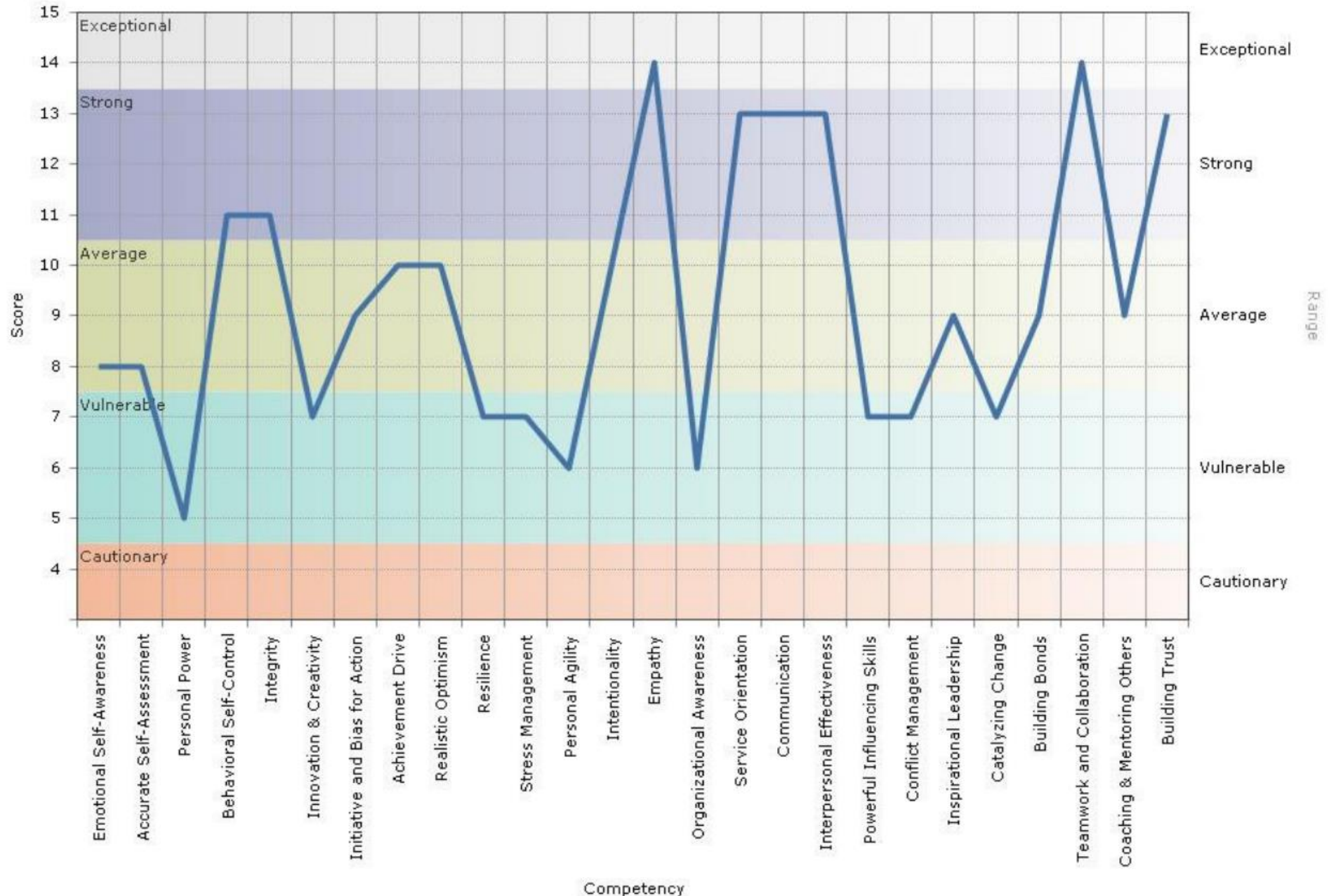
ISEI

Institute for Social + Emotional Intelligence

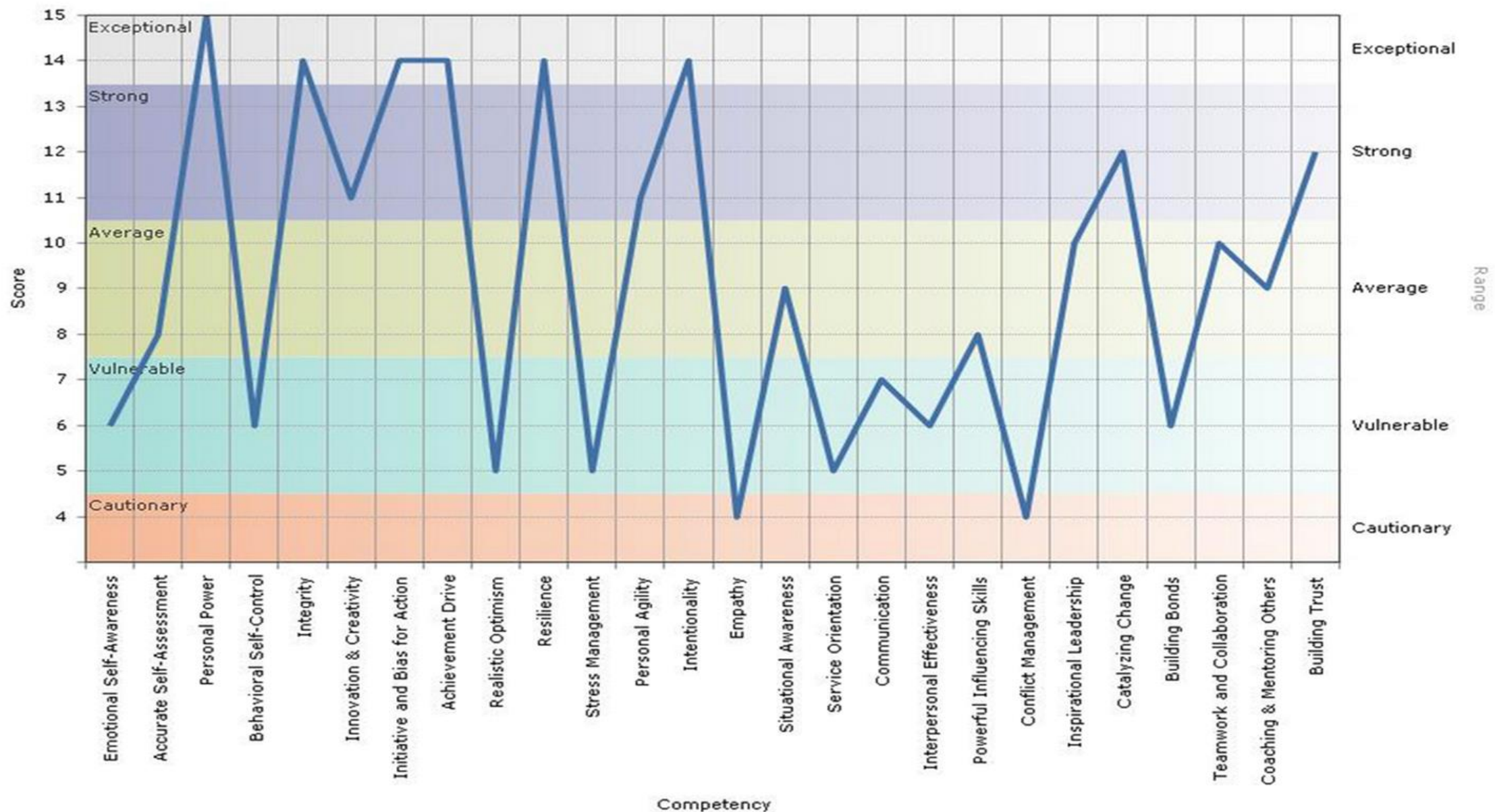
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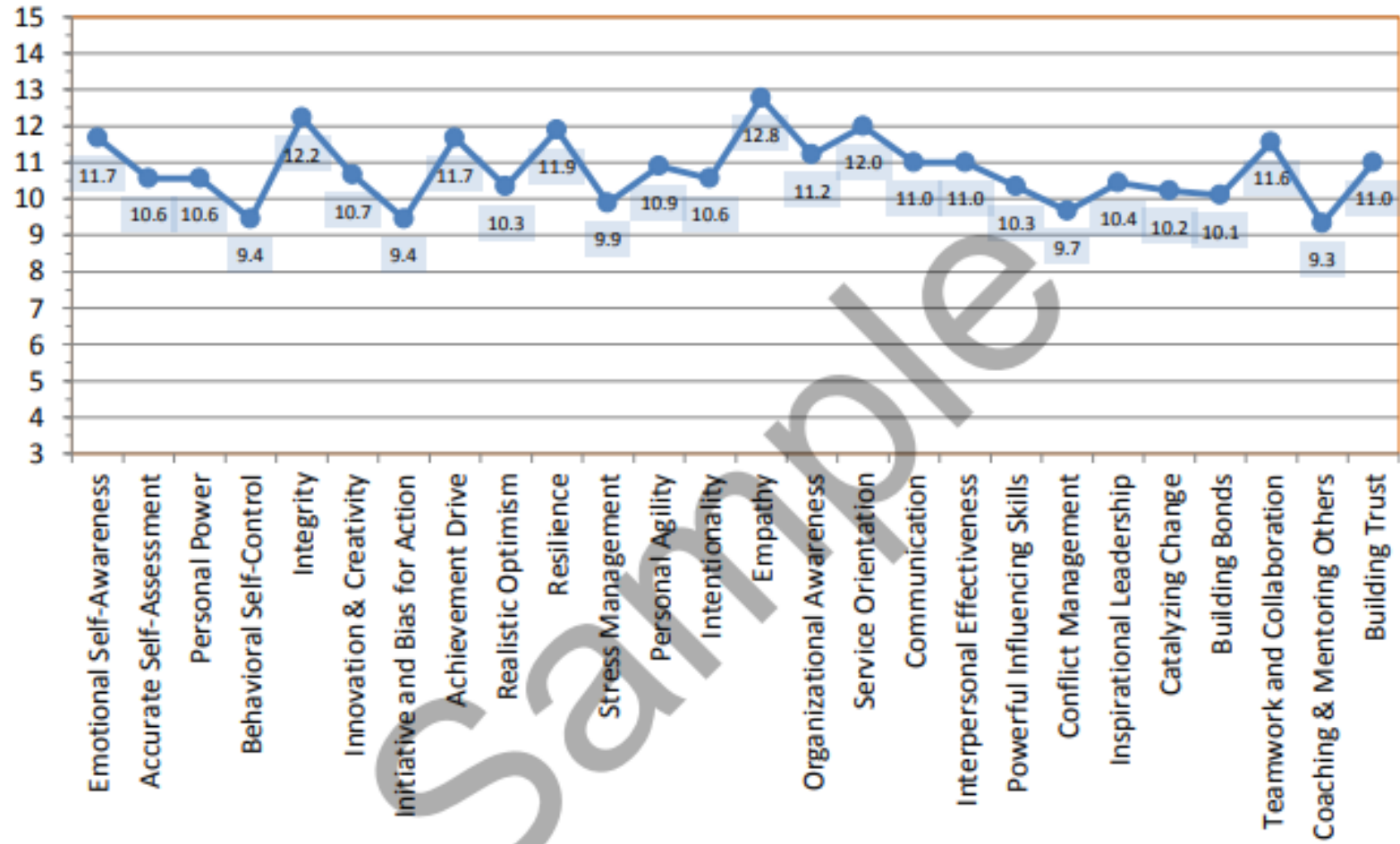


STEVE



Competencies – Team Scores

average scores



Recommended Courses

- Emotionally Intelligent Leaders
- Develop Your Emotional Intelligence
- Coaching
- Profile + Debrief

www.ati-mirage.com.au

Thank you

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